



Keep your
vision healthy.

How to Use Your VSP Benefit

Regular eye exams are important. These exams allow your VSP network doctor to find and treat potential eye problems early — even before you notice any symptoms.

Follow these simple steps when you are ready to use your VSP benefit.

1. Find a VSP network doctor:

- Call a VSP Member Services Representative at 800-877-7195 or TTY/TDD (for the hearing impaired) at 800-428-4833 , **or**
- Use your VSP network doctor directory, **or**
- Visit VSP's Web site at vsp.com.

2. Call a VSP network doctor:

- Make an appointment.
- Tell the doctor you are a VSP member.
- Give your member ID number to the doctor. (This number is on your member card.)

Your VSP network doctor will check with VSP to see if you can get services. If you cannot get services, your VSP network doctor will let you know.

3. After your eye exam:

- Your VSP network doctor will discuss your eyewear and/or treatment options with you.

